Region Östergötland

For future life
Our task

"Our work covers many different types of areas that affect and influence the residents of Östergötland."

Region Östergötland is responsible for:

• offering the residents of Östergötland healthcare of high quality.

• provide highly specialised care in the southeastern healthcare region and also nationally, within certain areas

• leading regional development work to enhance the growth and attractiveness of Östergötland.

• developing an attractive and efficient public transport system.
For future life

In Region Östergötland, dedicated and professional people work on the important task of driving development and growth forward.

We should develop a better infrastructure, a more favorable business climate, better public health, increased tourism and a wider range of cultural activities.

We have a high-class healthcare system and we have high ambitions. We wish to learn more, improve healthcare and make it even better – every day, all year round.

Together we are developing the region! We have the will and the power to be able to make a difference – for future life.
Goda livsvillkor
Hälsa och livskvalitet
i vardagen

Good living conditions
Health and quality of life in everyday life

Vård i hemmet
Primärvård
Vård på sjukhus

Care at home
Primary care
Health care in hospital
• Region Östergötland is the highest directly elected political organisation in Östergötland.

• The highest decision-making body is the Regional Assembly, with 101 elected politicians.

RRFF = Region Östergötland’s council on disability issues
RPR = Region Östergötland’s pensioners’ council
Regional Assembly, 2018-2022

**Ruling Minority Coalition:**
Social Democratic Party
Centre Party
Liberal Party
Green Party

**Other parties:**
Moderate Party
Sweden Democrats
Christian Democrats
Left Party

![Allocation of seats graph]

- Social Democratic Party (S): 31 seats
- Moderate Party (M): 23 seats
- Sweden Democrats (SD): 13 seats
- Centre Party (C): 8 seats
- Christian Democrats (KD): 8 seats
- Left Party (V): 8 seats
- Liberal Party (L): 6 seats
- Green Party (MP): 4 seats
The objective of regional development is to enhance the growth and attractiveness of Östergötland.

Our mission is sustainable development, better infrastructure, a more favorable business climate, better public health, increased tourism and a wider range of cultural activities.
Public transport

- Region Östergötland is a regional public transport authority, responsible for developing an attractive and efficient public transport system.

- Östgötatrafiken is owned by Region Östergötland and responsible for the day-to-day operation of public transport.
Healthcare

- Three hospitals
  - Linköping University Hospital
  - Vrinnevi Hospital in Norrköping
  - Motala Hospital
- 43 public and private healthcare centers
- Local healthcare in all parts of the region
- 40 public dental clinics

Region Östergötland’s biggest task is to offer the residents of Östergötland equal health and dental care of high quality.
Healthcare organisation

- Health Directors
  - Paediatric, Gyneaeology and Obstetrics Centre
  - Surgery, Orthopaedics and Oncology Centre
  - Diagnostics Centre
  - Cardiology and Specialty Medicine Centre
  - Medicine Centre
  - Primary Healthcare Centre
  - Psychiatry Centre
  - Anaesthetics, Operations and Speciality Surgery Centre
  
  Local healthcare in western Östergötland
  Local healthcare in central Östergötland
  Local healthcare in east Östergötland
The healthcare centers in Östergötland offer care to everyone throughout their lives – newborns, children and adolescents, adults, the elderly and patients in the final stages of life.

For residents, the healthcare centre should be the natural choice if there is a need to contact the healthcare system.

Care throughout life

- 43 healthcare centres
- 3 on-call centres
- Digital healthcare centre offering video consultations with doctors and physiotherapists.
Local healthcare
- for the most common healthcare needs

- Four units are responsible for local health care in the different parts of the region, covering out-patient, in-patient, specialist and emergency care.

- Particularly important is local healthcare for people with lifelong medical conditions or disabilities, as well as for patients with complex needs for a high level of coordination between healthcare units and principals.

Local healthcare means that residents should be able to meet their needs for healthcare and social care close to their residence or temporary staying.
Specialised healthcare at three hospitals

**Linköping University Hospital**
- Highly specialised healthcare and research
- 6,000 employees

**Vrinnevi Hospital in Norrköping**
- Emergency hospital with maternity care
- 2,400 employees

**Motala Hospital**
- Local hospital with 24-hour specialist medical care, planned surgery and orthopaedics
- 1,100 employees
Dental care for all

Public dental services offer all forms of dental care:
• preventative dentistry
• children’s and young people’s dentistry
• general dentistry
• and specialist dentistry

40 clinics at 20 locations in the county
600 employees
210,000 patients of all ages
Healthcare Guide 1177

- Provides healthcare advice via telephone and Internet.
- Is free from commercial interests and is owned by all regions in Sweden.
The Healthcare Guide 1177 service in Östergötland in one month

- **193,130** logins to e-services
- **366,258** visits to 1177.se
- **16,421** answered calls to 1177

Statistics from 1177 in 2018
Region Östergötland works with Region Jönköping and Region Kalmar in the southeast healthcare region in order to:

- provide good and equitable health care and increase accessibility for the region's residents.
- develop healthcare, through research for example.

There are nine hospitals in the healthcare region. Most of the highly specialised health care is performed at the Linköping University hospital.
Good results in the southeast healthcare region

- Region Jönköping, Region Kalmar and Region Östergötland have achieved top results in many areas of health and medical care comparisons.

- The southeast healthcare region excels in the national patient survey and in the health care barometer.
Region Östergötland supports regional innovation environments. Through smart specialisation, these can contribute to structural changes that lead to sustainable regional growth and development.

Some examples are Vreta Clusters, Visual Sweden and Innovative Materials Arena.

In the healthcare sector, we conduct high-quality research in close collaboration with Linköping University. This leads to the development of health care and better care for patients through new methods for diagnostics, prevention, treatment and rehabilitation.

Examples of research areas in which we are at the forefront are medical imaging, burn care and regenerative medicine.
World-class care

The care in Östergötland is of high quality with cutting-edge expertise in many areas.

Linköping University Hospital is among the best in the country for highly specialised healthcare, even a world leader in certain areas.
For a more competitive Östergötland

- **Agtech 2030**
  Agtech 2030 is a ten-year initiative, starting 2019. The aim is to ensure long-term food supplies, reduce environmental impact and increase Sweden's international competitiveness in agriculture.

- **Visual Sweden**
  Visual Sweden is a successful innovation environment that promotes innovation and regional growth in visualization and image analysis.

- **#jag med**
  The project #jagmed has worked successfully with school dropouts. During the project period, 7,000 young people have been involved in the project activities.
We are building and rebuilding to be able to meet tomorrow's demands for flexible working methods, new digital solutions and a high level of patient safety.

- Linköping University Hospital and Vrinnevi Hospital in Norrköping are being extended and modernised.
- In Vadstena, the regional forensic psychiatry clinic has new premises.
- Technical upgrades are ongoing at Motala Hospital.
- In Finspång we are building a completely new care centre that brings together all the local health care.

In the coming years, Region Östergötland is investing heavily in the future of healthcare.
Digitalisation – for higher quality and efficiency

Five focus areas in Östergötland:

1. Digital competence
2. Digital management
3. Digital innovation
4. Digital security
5. Digital infrastructure

Digitalisation is needed in order to provide better public services, increase residents' participation and trust, develop, streamline and quality assure the activities and become a more attractive employer.
Better accessibility with e-health

Region Östergötland is responsible for:

- increasing contact with residents via digital channels
- transferring healthcare matters to digital channels where there are patient and business benefits
- offering quality-assured advice on healthcare and via 1177.se
- increasing awareness of 1177.se and e-services
Sustainability

We are working to achieve sustainable development in three dimensions:

1) Social sustainability  
2) Economic sustainability  
3) Environmental sustainability

One of our focus area is Agenda 2030 and the global goals for sustainable development.

Region Östergötland should be a positive force in the transition to a sustainable society, where good living conditions and equal health are the main focus.
Financial performance 2018

**INCOME**
- County tax and general government subsidies: 79%
- Care income (dentistry): 8%
- Other government subsidies: 6%
- Patient income: 1%
- Care income: 8%
- Other income: 5%

**EXPENSES**
- Salaries: 33%
- Other operating expenses: 33%
- Other personnel costs: 11%
- Employer's contributions: 11%
- Depreciation: 6%
- Financial expenses: 2%
- Pharmaceutical expenses (total): 9%
With over 13,000 employees in 100 different professions, Region Östergötland is the region's largest employer.

Most of our employees work within our healthcare units as nurses, nursing assistants and doctors.

Other professions: IT technicians, economists, systems scientists, teachers, project managers, senior advisers, biomedical analysts, property managers, statisticians, medical technicians, HR specialists, dental hygienists and many more.